

The Objects and Aims Challenge

Let's Get Up and Get Going!

Use this program to challenge yourselves to turn the Objects and Aims into actionable behaviors that you can share with each other and model as you walk out of your P.E.O. meetings and into your neighborhoods of friends, family and business acquaintances. We can grow our sisterhood by being O&A women.

Objects and Aims

The objects and aims of this Sisterhood shall be general improvement, which shall comprehend more especially the following points:

To seek growth in charity toward all with whom we associate, and a just comprehension of, and adherence to, the qualities of Faith, Love, Purity, Justice and Truth.

To seek growth in knowledge and in culture, and to obtain all possible wisdom from nature, art, books, study, and society and to radiate all light possible by conversation, by writing and by the right exercise of any talent we possess.

To aim at self-control, equipoise and symmetry of character, and temperance in opinions, speech and habits.

It shall be the chief duty of each member to consider thoughtfully the full import of P.E.O. This will include a sincere regard for our influence in the community, a careful consideration of feeling when speaking, and a determination to do all we can at all times and under all circumstances to express a loving concern for each sister.

At the beginning of every meeting we recite the beautiful words of the Objects and Aims. Do we really know what they mean? How do we make them come to life? What do we do when we **GET UP** from our meeting and **GET GOING** out the door to walk and talk the Objects and Aims? How can we challenge ourselves to use the Objects and Aims to attract more women to these values and grow our sisterhood? It's up to each of us.

A Quiz

Below you'll find five phrases. Determine whether each is a behavior or an inference.

Behavior: Actually seen, heard or said; objective; non-judgmental; specific; action-oriented

Inference: Assumed; subjective; judgmental; vague; conclusion-oriented

1. Betty left the P.E.O. meeting excited to be more of an O&A woman.
 - a. **Behavior** _____
 - b. **Inference** _____
2. Susan decided to have lunch with her neighbor and talk about P.E.O.
 - a. **Behavior** _____
 - b. **Inference** _____

3. Heather has a sincere regard for her influence in the community.
 - a. **Behavior** _____
 - b. **Inference** _____

4. Mary invited a member of her church to visit her chapter's Saturday meeting.
 - a. **Behavior** _____
 - b. **Inference** _____

5. Stephany organized a schedule of meals deliveries for her P.E.O. sister just home from the hospital.
 - a. **Behavior** _____
 - b. **Inference** _____

To Discuss

For each of the Objects and Aims below, answer the questions, "What does it mean?" and, "What **behaviors** will help grow our sisterhood?"

1. To seek growth in charity toward all with whom we associate.
 - a. **What does it mean?**
 - b. **How will you *Get Up* and *Get Going*?**

2. ...and adherence to the qualities of Faith, Love, Purity, Justice and Truth.
 - a. **What does it mean?**
 - b. **How will you *Get Up* and *Get Going*?**

3. To radiate all light possible by conversation, by writing, and by the right exercise of any talent we possess.
 - a. **What does it mean?**
 - b. **How will you *Get Up* and *Get Going*?**

4. To aim at self-control, equipoise, and symmetry of character...
 - a. **What does it mean?**
 - b. **How will you *Get Up* and *Get Going*?**

5. It shall be the chief duty of each member to consider thoughtfully the full import of P.E.O. This will include a sincere regard for our influence in the community...
 - a. **What does it mean?**
 - b. **How will you *Get Up* and *Get Going*?**

Your Next Steps

Below, please list the top **THREE** actions that you will take when you ***Get Up*** from your P.E.O. meeting and ***Get Going*** to model the Objects and Aims and help grow our sisterhood.

1. _____
2. _____
3. _____